



**Thorpe Carriage House  
96 West Street  
Brantford, ON  
Meetings on Fourth  
Wednesday at 7:00 p.m.**

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## Message from the Leadership Team

I hope that everyone had a wonderful time with family and friends over the last month and that you have many hopes and plans for the year of perfect vision – 2020! With three little granddaughters now, our family time gets busier, noisier and more enjoyable!! Unfortunately, there was no “White Christmas”!! Strange weather...snow and cold in mid-November, no snow and temperatures of 9C in January! Oh well, that’s what it’s like living in Canada – you never quite know what you’re going to get!

The mild, unsnowy weather made getting to our December Potluck very easy and because of that we had just under 40 people in attendance. That’s almost half of our membership!! Appetizers and desserts work out very well and the variety was amazing! It makes for easy clean-up and I’m sure that everyone had enough to eat. Hosting is very enjoyable with so many offers of help and so much sharing of duties. Thank you to Colette W. for taking care of the punch, to Brenda M. for the coffee/tea, Anne M. for ordering and picking up the dishes/glasses/cutlery and to the many others for making suggestions, for taking coats, for helping with the food and for assisting with the clean-up. I think that this is a tradition which should continue as it is always nice to focus on socializing and getting to know each other better.

A reminder to get your team together for Trivia Night. This is the major fundraiser for our Scholarship Fund and we would like to see at least 20 teams competing. It’s meant to be fun so please don’t be shy!! For the time, place, cost and how you can help, please take a look through the newsletter!!

Being President for the month of December was definitely an easy task – no executive meeting and no general meeting! We belong to a wonderful organization – let’s all work to keep it going!!

*Lynn Haylock, on behalf of the Leadership Team*

And now to the future....and our new calendar year.

I am shaking my head that we are in 2020.

What will the year hold for us?

I hope you will take some time this month to consider what is working well with the Executive Model we implemented for 2019-20, recommendations for improvement, and how you want to move forward in 2020-21. For the past few years, our Members have balked at the idea of taking on the role of President - it seemed like too big a job for one person, and even for two co-Presidents. In 2019-20, ten women agreed to share the job, with Janet R as the President in name, and nine others rotating through the administrative and leadership aspects, each responsible for one month to manage. The Nomination Process will begin in the next few weeks, and you will be asking - to borrow a concept from JFK - not just what your Club can do for you, but what you can do for your Club.

Our January General Meeting is on Wednesday, January 22nd, at Thorpe’s Carriage House. Doors are open at 6:30 and the meeting begins at 7:00 p.m. The Speaker is our very own Marg Eisner, who will be talking about working with the aging population and in particular what the future may hold for long-term care.

We look forward to seeing you on January 22nd.

Kindest regards,

*Lin Fines, on behalf of the Leadership Team*

## News from National

### II. Notes about the Board meeting of 5-12-19

Note the official minutes will be posted following the January Board meeting. Summaries have been provided after meetings to keep members updated.

1. The list of 20 CFUW delegates to the 64th session of the UN Commission on the Status of Women (UN-CSW64) being held at New York March 2020 has been approved. A spot was reserved for a speaker should it be needed, otherwise it will open a spot for another delegate. Other members who applied have been informed that they may attend, unofficially, the parallel sessions off the UN Building site, and join in collegial activities with the official CFUW delegation.

2. The report on the Visioning Session held at the August AGM resulted in the Board accepting short term and long-term priorities. The three short term priorities for 2019-20 are: Helping clubs with social media. (There will be a Club webinar in early January on social media).

Helping clubs to learn about what other clubs are doing in advocacy so that they can share information.

Reaching out to the North of Canada

3. The Committee to Identify Funding for the GWI Shortfall reported with an extensive list of options. The recommendation was to start with a "direct ask" of Clubs. This was accepted and will be initiated in January and will be voluntary.

4. CFUW will await financial reports as per the Memorandum of Understanding (MOU) before we pay our 2020 membership fees to GWI.

(Since the meeting, we have heard from GWI that they can organize early in 2020 a webinar on GWI finances and reporting. We have contacted GWI and explained the need for financial records that all members can understand. The dues requirements are 50% by March 30, 2020 with the balance by June 30, 2020.)

5. Other GWI news:

The 2019 Triennial Minutes will be completed, voted on and published by the end of December. GWI will hold a webinar on Bina Roy in early 2020.

6. The Board approved the policies on Election procedures, International Representation and Standing Committees as presented by the Governance Committee. The policies will be published later.

7. A payment plan was agreed on for Clubs unable to pay the \$6.00 Per Capita increase immediately.

8. The Chair of Articles and Bylaws reviewed areas of the Articles and Bylaws in need of change.

9. The Executive Director's report (see email from Lynn H.)  
National President-Présidente Nationale FUW-FCFDU

## CFUW Ontario Council

### Bylaws Amendment Process 2020

Any proposed amendments to the Constitution and Bylaws 2019 of the CFUW Ontario Council must be compliant with the following process. Any proposed Amendment to the CFUW Ontario Council Bylaws (Form 1), must be fully completed and submitted by email to [bylaws@cfuwontcouncil.org](mailto:bylaws@cfuwontcouncil.org). All proposed amendments must be properly received, on or before February 20, 2020.

### 2019 Fall Gatherings

#### Ontario North Fall Gathering

The 2019 Ontario North Fall Gathering was held on October 18 and 19, hosted by CFUW Sudbury.

Ontario East Fall Gathering: Old technology, once new. FUW Belleville and District, as part of its Club's 80th anniversary celebrations, volunteered to host the 2019 Ontario East Fall Gathering. A committee of nine began brainstorming in October of 2018 on how the day would look and came up with a 'Public-Private Partnership' where part of the day would be open to the public and the rest of the day for CFUW clubs.

#### 2019 Ontario Council Survey

Thank you to all of you who answered the Survey. We are so pleased that members from 44 of our 49 clubs participated. This has given us some real information that we can use both for advocacy and for planning. A report on the results will be forthcoming early in the new year, as well as the Ontario Council comments based on this survey to the government concerning the 2020 Pre-Budget consultations.

#### Reports of November 30, 2019 Speakers Series

We chose the theme for today's Speaker Series on Aging because the topic crosses all demographics—we are all aging!! In addition, younger members likely have aging relatives, so sharing knowledge might help provide tools to help support our relatives. Lastly, though the theme appears at first glance to target personal development, we can also use the knowledge about health to support our advocacy work targeting support for basic income for all people in our communities.

Brain Health & Aging (Dr. Andrea Wilkinson); Yoga for Empowered Aging (Cheryl Crosby); Co-housing, an affordable option (Bonnie Mullen & Janette Ledwith); Third Age Learning (Cathy Spark) View full reports on the OC Website

**Women Helping Women:** Our vision for Ontario Council can be summed up in the following key words: Support. Action. Legacy.

**Club News:** We receive news from so many of our clubs that we've decided to publish it on our website to limit the need for scrolling in the newsletter.

## INTEREST GROUPS

### Dates and Schedules

**Monday Night Book Club:** We will be meeting to discuss the novel "The Chilbury Ladies Choir" by Jennifer Ryan. The meeting will be on Monday, January 20th @ 7:00 P.M. The hostess will be Linda S.

**Thursday Night Book Group:** We will meet Thursday, January 9th at 7:00 p.m. to discuss "The Prison Book Club" by Anne Walmsely.

**Games Interest Group:** We meet at 1:15 the second Thursday of the month at 131 Erie Ave.

**Creative Cookery Group:** We will meet on January 15th. The groups will be hosted by Patti K. and Betsy C.

**Dining Out Group:** Our Dining Out Group will meet at noon on Friday, January 17th at Abe Erb Brewery at the Ayr Mill in Ayr. There are a few AbeErb brewpubs in the Kitchener area, where the beer is brewed in-house and the menus are created to pair perfectly with your pint should you enjoy beer.... and meant to please the palette regardless of your choice of beverage.

**\*Interest Group Contact Persons:** Would you please, at your next group gathering, solicit consensus for next year meetings, times, dates, locations (if known or TBA) and the names of your contact person(s) for your specific group. This will facilitate the development of our Interest Groups Registration Forms for 2020-2021. Please forward this information by email to Jane B.

### News & Reviews

**The Creative Cookery group** met at the Brantford Golf and Country club for our annual Christmas Dinner.



**Monday Night Book Club:** The Monday Evening Book Group discussed in December the remarkable novel *A Fine Balance* by Rohinton Mistry. An interesting evening ensued with some mixed reactions to this powerful book, covering the Indira Gandhi led government during the 1975+ years of "beautification" and the enforced sterilization program of Sanjay Gandhi, seen through the eyes of an incredible cast of characters. All agreed that it is a novel well worth reading. Jen D.

**The Thursday Night Book Club:** We celebrated the Christmas season with dinner and a gift exchange at the Golf and Country Club.



**The Games Interest Group:** Members of our club's Games Group met in mid December at the Heads or Tails store on Erie Av. to celebrate Marsha's milestone birthday. A few months ago, Marsha was scouting out possible venues for the once monthly get togethers of this new group. She met with Steveo, the owner of Heads or Tails in West Brant, who offered his premises to our group without any charge. It has turned out to be a very good arrangement and it was only fitting that Steveo joined in with our birthday celebration for Marsha !!



**CFUW Shaw Festival Fundraiser** for the Charitable Trust (National Scholarships) will be an opportunity to see GYPSY on Thursday April 30, 2020 at 2 pm. Tickets are \$70.00, which includes a receipt for part of the cost. Please have cheques to Brenda Malvern no later than the February 26 General Meeting. Car pools can be arranged closer to the date. This promises to be a fun day!

**TRIVIA Night**

Wednesday, February 12, 2020  
7:30 pm

**DUNSDON LEGION**

9 Toll Gate Road, Brantford

\$100/team of four - \$15 charitable receipt per person  
Invite friends, relatives, co-workers!!

**FOOD!! PRIZES!! FUN!!**

Proceeds to CFUW Brantford Scholarship Fund

A registration form can be found at [cfuwbrantford.org](http://cfuwbrantford.org)

## 2019-2020 EXECUTIVE

### PRESIDENT IN NAME:

- Janet Rubas

### ROTATING PRESIDENTIAL TEAM:

- Jane Binkley
- Elizabeth Capitano
- Lin Fines
- Lynn Haylock
- Tish James
- Carol Kent
- Brenda Malvern
- Anne Martin
- Diane Morgan

### PAST PRESIDENT:

- Penelope Jeffery
- Patti Kunashko

**SECRETARY:** Dian Kuzyk

**TREASURER:** Mieke Schroeder

### STANDING COMMITTEE CHAIRS:

- Advocacy:** Betsy Capitano
- Communications:**
- Interest Groups:** Jane Binkley
- Membership:** Bev Osborn
- Program:** Anne Martin
- Scholarship:** Naomi Kral
- Social:** Norah O'Leary

# Thank YOU!

Special thanks are extended to Lynn H. for hosting the "appetizer and dessert" Christmas Potluck in December. Many of our members attended and had a lovely time. We all know how much preparation and clean-up is involved. Thanks so much.

**Congratulations** to Melodie D. on her new adopted granddaughter, Serenity, born on October 10th, 2019.



**May Banquet:** The Program Committee is pleased to announce the speaker, **Barbara Hooper**, for our May banquet and annual meeting. Her topic is under discussion. Barbara is Executive VP, Treasury and Corporate Development, TD Bank Group. She joined TD in 1994, holding progressively senior positions and the long list of her current responsibilities is impressive indeed. Despite the heavy work demands, Barbara still finds time to volunteer and to have a family life that includes two children. Barbara was recently recognized as one of Canada's Top 100 most powerful women in the category of women who hold senior positions in Canadian companies. She was honoured for her strategic vision and leadership, her dedication to creating positive social change and helping women achieve the rewards of a fulfilling career, while working tirelessly to create a workplace culture that champions inclusion and diversity. Interesting that her 'Power Song' is RESPECT by Aretha Franklin! Barbara has no doubt coped with many challenges on her rise up the corporate ladder and should be an inspiring speaker.

## Hospitality Team - January

Thank-you to the Hospitality Team for setting up the room, bringing treats, and cleaning up afterwards. The Hospitality Team for January: Team Leader - Catherine S. Team: Jennifer D., Bev G., Dian K. and Brenda M.



International Women's Day: See Attached

## JANUARY

**General Meeting: January 22, 2020**

**Doors open at 6:45p.m.**

**Meeting Starts at 7:00 p.m.**

**Topic :** Transforming Long Term Care Homes

**Speaker:** Marg Eisner is currently working as a Dementia

Consultant primarily for the Alzheimer Society of Canada. Her talk will address Long term care homes that previously focused on schedules, tasks and government-required documentation and are now undergoing transformation in Canada to innovative models where quality of life is the norm.



cfuw  fcfdu



*Dynamic Women Can Make a Difference*





Canadian Federation of University Women Cambridge

# International Women's Day Breakfast

- 8th Annual Fundraiser -

**Everyone  
Welcome!**

*Tickets Available at:*

**Etcetera Linens & Gifts**  
761 King Street East  
Cambridge (Preston)

**Blair House Gifts**  
20 Grand Ave South  
Cambridge (Galt)

**WIGG Store**  
55 Dickson Street  
Cambridge (Galt)

**SNAPD**  
purchase tickets online  
[https://cambridge.snapd.com/  
events/view/1300774](https://cambridge.snapd.com/events/view/1300774)

**Saturday, March 7, 2020**

**9:30 am - 11:30 am**

Doors Open at 9:00 am

**\$50** per person

\$20 tax receipt issued after the event

**Location: GALT COUNTRY CLUB**



## Shirley Hilton - Superintendent - Waterloo Regional Police Services

Shirley Hilton has been a member of the Waterloo Regional Police Service since 1990 and holds the rank of Superintendent. Shirley is the highest ranking female officer with over 30 years policing experience in Front Line Patrol, Detectives, Homicide, Professional Standards, Drugs and the Executive Leadership Team.

She is passionate about mentorship and succession planning for future leaders within the Waterloo Regional Police Service and Champions the Women in Leadership Committee and Professional Development Network Committee, established to create and launch a formal mentorship program.

Shirley is proud to volunteer within her community as a member of the John Howard Society of Waterloo-Wellington Board of Directors and as a mentor for the Cambridge Soroptimist *Dream it, Be It* career support for girls.

Shirley will speak about her career and share some of her experiences as a female in policing

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**Thank you to all our generous event partners and sponsors.**