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President's Report

As we head into our second COVID summer I have been thinking about the positive aspects of the past year. Not to minimize the challenges, the following is my list of good things that have come out of our "year of Covid":

1. It gave me the opportunity to stop dying my hair, which led to my cutting my hair and embracing my curls.
2. I have joined various Facebook groups that I would have ignored in the past including those dedicated to exercise, cooking, nature, and butterflies/pollinators. Thanks to the local butterfly project, I now have lovely native pollinator plants in my garden and I cannot wait to see what they are like as they grow.
3. I have learned to love working at home. Initially I was unhappy about working at home but after a year I can honestly say that I am a convert. I especially like my work clothes --- black t-shirt and leggings.
4. I have become conscious of how much money I was spending going to the office --- coffee, lunch out, new clothing -- and I now question if those are truly the "necessaries" I once thought they were; and,
5. I am saving lots of money, not just by working at home but by being able to question how much "maintenance" is necessary. I have abandoned hair dye and have not been able to get regular facials or pedicures in a year --- yet I still look like me.

So, on that note I wish you all a wonderful summer and look forward to seeing you all in the fall.

Respectfully,
President for the Month, Betsy C.

News From National

The second virtual AGM is coming up on June 25 and 26, 2021. Lin F. and Betsy C. will be attending and will be able to provide a synopsis in the fall of 2021 when we meet again. Delegates are registered and credentials have been sent.

Workshops:

National is running all kinds of workshops leading up to the AGM and all are invited to participate. View the list of workshops [here](#).

Virtual Road Trips:

CFUW St. Catharines is hosting a virtual Garden Tour. The cost is \$10.00 in support of the club's 100th Anniversary fundraising campaign. For more information visit www.cfuwstcatherines.org

Exciting Speakers:

CFUW Northumberland is hosting Roberta Bondar on Wednesday, September 8, 2021, at 12: 45 via Zoom. Ms. Bondar will be giving a talk titled: Open to the Universe - Changing Perspective on a Moving Planet. Tickets are \$65.00 and a tax receipt will be issued for the full ticket price and any donation over \$20.00, with proceeds going to the club's 30th Anniversary Scholarship Fundraiser.

Tickets are available at cfuw-northumberland.org



To our outgoing Executive members who have worked hard to make our club rewarding for its members, especially during the Covid-19 years.
Mieke S., Janet R., Diane M. and Lynn H., we appreciate all you have done!

When Will the Government Act?

CFUW Ontario: May 2, 2021 – Ontario Council sent a letter to numerous MPPs and Ministers to highlight the concerns expressed by the CFUW Ontario Spring 2021 survey, Long Term Care in Ontario, as well as sharing the report with them. While fatalities in LTC have been declining since residents have begun to receive vaccines, this survey of well over 1000 people from across the province proves that Ontario voters believe that the state of our homes for elders presents a grave humanitarian crisis.

The key findings from the survey are:

An overwhelming majority do not believe that fully budgeting for adequate individual care should be delayed until 2024. There is also distinct recognition that trained Personal Service Workers who have full time jobs with benefits including sick days are key to improvement and recovery in this sector.

The importance of on-site, unannounced inspections is highlighted, with the strong belief that the consequences for failing to meet requirements should be meaningful. The need to review and implement provincial and national standards is seen as urgent.

The majority of respondents believed that Long Term Care should not be profit-driven, with only 2.8% disagreeing.

The need for improvements in Long Term Care must not be understated or forgotten as the province turns to other critical issues during this pandemic.

“We need to be looking at other models of care. There are models elsewhere in the world that we should be emulating.”

C.A.R.P. May 22, 2021: Sent a letter to all members of the Provincial Government following an in-depth review of the Recommendations of the Ontario’s Long-term Care COVID-19 Commission. There were five messages sent for each of the five areas highlighted in the report. These were:

In calling for Transformative Culture Change – message: The Independent Commissioners listened and have now recommended alternate models of care. COVID-19 showed that smaller, home-like units had fewer viral outbreaks!

In support of Family/caregivers – message: All the recommendations regarding pandemic planning are important and especially those that relate to family members/caregivers. Family members/caregivers need to be engaged in the process and have access to their loved ones.



In achieving person-centred care following the Human Rights Code, the Long-Term Care Act and Residents Bill of Rights – message: We agree with the importance of person-centred care but it needs to include

recognition of emotional needs as well as physical. Ontario LTC Act Section 1 states: “[A] long-term care home is primarily the home of its residents and is to be operated so that it is a place where they may live with dignity and security, safety and comfort and have their physical, psychological, social, spiritual and cultural needs adequately met.”

In addressing Staffing including Leadership - message: All the staffing recommendations are important. There is an urgent need for skilled staff but recommendations are not explicit enough in what training is required. Person-centred care requires staff to have emotion-based training. Recruitment and hiring practices need to be addressed. Staff recruitment should assess the attributes of emotional intelligence, empathy, compassion. All staff and students should have experience in settings where new models of care are being provided.

In addressing Design Standards – message: All the design manual recommendations are important but need to include alternative person-centred models and creation of smaller home-like units.

The Ontario Government needs to act NOW! Please take a look at: www.changeltcnw.ca

Marg E. Ad Hoc Advocacy Committee on LTC

Scholarship Award Winners



The Scholarship winners for the CFUW Brantford Award A Scholarship for 2021 are:

Cindy Ly - North Park Collegiate & Vocational School

Erika Fassan - St. John's College

Kiana Lowes - Pauline Johnson Collegiate & Vocational School

Jaimie Salih - North Park Collegiate & Vocational School



Cindy



Erika



Kiana



Jaimie

Naomi K., Scholarship Committee

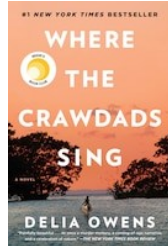
Interest Groups & Other Activities

Creative Cookery:

On the evening of May 19th members of the Creative Cookery group met online by Zoom. We caught up on our lives and new ideas about cooking. We shared some amazing Spring Favourite Recipes. We all have new recipes to take advantage of the fresh spring produce, from rhubarb to asparagus and beyond.

Monday Night Book Club:

We met on Zoom on May 17th to discuss *Where the Crawdads Sing* by Delia Owens. One reviewer says it all: Beautifully written, *Where the Crawdads Sing* is a story of loneliness, strength, and endurance which will stay with the reader for a long time. Submitted by Sandra H.



Walking Group:

Enjoying the weather after walking on the trail at Green Lane Park. Submitted by Norah O.

Biking Group:

On Monday May 31st the biking group made their first ride of the season around the Brantford Loop. Social distancing was easy with a smallish group. We meet on Monday mornings at 9:30. Our first rides will be on trails near Brantford. Out of town rides will be added a little later. Contact Karen at www.innes96ke@sympatico.ca



Monday Evening Bridge Group:

The Monday Evening Bridge Group played its last games on Monday, June 6, online, trying a new site- Trickster Cards. Some players were more successful than others in navigating the site for chatting and card playing. Because of changing the site, the scores can't be added to the already accumulated totals so the high scorers for the year, ending in May, were Dian K., and Rhynda B.

Thanks to all the players for pivoting to online during the pandemic. Hopefully this experience becomes a distant memory!! Submitted by Brenda M.



Our annual fundraiser on behalf of the Scholarship fund was approved at the AGM on May 26, 2021. The date will be Wednesday, February 9th, 2022. The location and details are to be determined.

Lynn H.

Covid - 19 Brant County Health Unit

Good news about vaccines keeps getting better! Effective June 7, 2021, accelerated second-dose appointment booking is open in Brant to those aged 70 years of age and over (i.e., born in 1951 or earlier) and individuals who received their first dose on or before April 18, 2021. To book as part of these eligible groups, please visit our [Accelerated Second Dose Booking webpage](#).

Eligible individuals may also receive their accelerated second-dose appointment through select [pharmacies](#) and primary care settings participating in the vaccine rollout. The link to find out more is: [InfectiousDiseases Coronavirus \(bchu.org\)](#)



Ontario—The government had previously said AstraZeneca recipients should wait 12 weeks before getting a second shot, despite shortening the interval for all other vaccines. But it amended the guidance this afternoon (June 12th), joining other provinces in reducing the wait time to eight weeks.

The province now says those who received a first jab of the AstraZeneca vaccine should seek their second shot between eight and 12 weeks later, noting those residents can safely use any of the currently approved vaccines for their second dose.

Many thanks to the Interest group contacts and participants who provide news and pictures for the newsletter. If your Interest group is finding another way to stay connected in this time of lockdown, let me know. If you have updates about members re: important family or personal events like births, deaths, marriages, special celebrations to share with the members, send them also to Sandra H.

Articles and photos for the September Newsletter should be submitted between Friday September 3rd and September 10th.



2021 –2022 EXECUTIVE

PRESIDENT IN NAME:

- Elizabeth Capitano

PAST PRESIDENT:

- Brenda Malvern

ROTATING PRESIDENTIAL TEAM:

- Elizabeth Capitano
- Lin Fines
- Maria Timmons
- Adrienne Roberts
- Anne Martin
- Catherine Sawyer
- Bev Golden
- Jenny DeAlwis

SECRETARY: Gay Henley

TREASURER: Maria Timmons

STANDING COMMITTEE CHAIRS:

- Advocacy:** Elizabeth Capitano
- Communications:** Sandra Hughes
- Interest Groups:** Jane Binkley
- Membership:** Dian Kuzyk
- Program:** Anne Martin
- Scholarship:** Naomi Kral
- Social:** Rotating

Congratulations

Wishing Angela and Jan Huntjens health and happiness on their 60th wedding anniversary.



Happy Birthday to Marion W. who celebrated her 93rd birthday on June 1st.

All the best to Georgia G. as she enjoys the success of her son Trevor, who was part of a team that won two Webby Awards for their podcast called **Prince: The Story of Sign O' The Times**. See the details at <https://winners.webbyawards.com/2021/podcasts/>



Well Done, Marsha!



Marsha S. has won the Snow Willow Award from the Saskatchewan Young Readers Choice Awards for 2020, with her book *Don't Tell the Nazis* – The 2020 Snow Willow winner! <https://willowawards.ca/>



CFUW Brantford General Meeting September 22, 2021

The first General Meeting will be held on Wednesday, September 22, 2021 by Zoom.

Meeting Dates for 2021 –2022

- September 22, 2021
- October 27, 2021
- November 24, 2021
- December Potluck: Date and Location TBD
- January 26, 2022
- February 23, 2022
- March 23, 2022
- April 27, 2022
- May 25, 2022 : Banquet and AGM



Our thoughts are with Joan H., as she deals with the loss of her sister-in-law.

75th Anniversary

The CFUW 75th committee chaired by Brenda M. held a Zoom meeting on May 27th, 2021.

The date for the Anniversary Banquet has been confirmed for Thursday, September 30th 2021 at the Brantford Golf and Country Club if COVID-19 restrictions allow for indoor gatherings.

The social committee liaison, Bev G., will work with other members of the social committee to plan the event and ensure safety protocols are in place.

Please be sure to mark **Thursday, September 30th** on your calendar as this event promises to be a memorable evening of celebration. Lynne D.



Dynamic Women Can Make a Difference