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As we prepare for our 2nd holiday season under Covid restrictions we can be grateful that the situation this year is a bit brighter than last year. Unfortunately, we have to celebrate our CFUW Christmas gathering virtually again this year, but we can at least see each other's happy faces and Christmas sweaters. Hopefully you will all be able to spend Christmas this year with a larger family group than last year. I am looking forward to gathering with my children, grandchildren, my mom, and my brother versus the driveway visits we had to have last year.

I have enjoyed my turn as President of the month for November, largely due to the support of previous presidents and Marsha S. who does a fabulous job managing the CFUW Brantford mailbox. I encourage other members who have not had the chance to fill this position to volunteer for next year for this role of President of the month. It is very true that many hands make light work. I would also like to take this opportunity to invite you to volunteer next year for other roles in the club, Jane B., who has managed the special interest groups, will be stepping down after this year and this is an excellent role to get to know many members of the club and the rich variety of interest groups that are the core of the club.

A new opportunity to help in the club is to participate in the group that is being formed to investigate holding our monthly meetings in a hybrid format which will allow club members to attend in person or virtually depending on their comfort level. If you are interested, please reach out to a member of the executive. You do not need to know technology or Zoom to participate.

In our November General meeting we received an excellent presentation on the history of CFUW Brantford. As I am new to both CFUW Brantford and to the city I found this presentation very interesting as was the presentation in October on the

history of women from Brant County in WW I. I know the program committee will continue to provide us with interesting and educational material in the upcoming months regardless of if we are meeting virtually, in person or a combination of both. I would like to close by saying best wishes for the holiday season from the executive team and stay safe and healthy and enjoy time with family and friends.

Maria T., President for November



News From National and Ontario Council:

Dates to Remember:

16 Days of Activism:

November 25th to December 10th is the 16 Days of Activism, an international campaign to generate actions that will put an end to violence against women and girls. From November 25th, the International Day for the Elimination of Violence against Women, to December 10th, International Human Rights Day, the 16 Days of Activism against Gender-Based Violence campaign can help put an end to violence against women and girls.

Interesting Event from CFUW Kanata Scholarship Fundraiser for lovers of reading:

On January 25, 2022, at 7 p.m. on ZOOM, author Elizabeth Hay in conversation with CBC host Alan Neal. Tickets are \$20 and will be available at [CFUW Kanata - Home](#) .

Activism on Child Care and Seniors:

Federal-provincial negotiations are ramping up – Ontario and Canada are finally meeting to hammer out an agreement on \$10.2 Billion in childcare funding! It's time to rise and keep the pressure on to make sure Ontario signs a comprehensive deal. [Click here to act!](#)

"Stop the GIS claw back petition - Support low-income seniors." Almost 90,000 seniors will have their benefits slashed. After a pandemic that disproportionately affects older populations, it's disheartening to see the government roll back support for seniors. Several MPs and advocacy groups are already sounding the alarm. [Click here to sign!](#)

Online Learning Opportunity:

Indigenous Reconciliation: First Nations University of Canada and Reconciliation Education welcome and invite you to learn from the various Indigenous contributors involved in the creation of 4 Seasons of Reconciliation. This self-paced online program offers 10 modules on truth and reconciliation, which is available to all Canadians, sponsored by RBC. [Click here to register and learn more!](#)

New Initiative from Ontario Council:

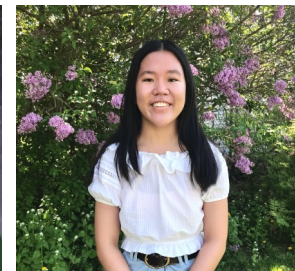
Sandra Shaw, Chair of the OC Status of Women & Human Rights Standing Committee, is proposing an Ontario Council virtual club whose purpose aligns with CFUW and CFUW Ontario Council to improve the status of women and to promote human rights, public education, social justice, and peace. The eClub would meet monthly or bi-monthly via ZOOM to support and develop advocacy initiatives for equal rights for women and girls in Ontario, Canada and globally, including and especially the right to education at all levels for women and girls. To learn more, read the [eClub communication from Sandra](#).

AGM UPDATE:

National is currently planning a Hybrid AGM on August 25-27, 2022- to take place in Hamilton, and to be hosted by South Central clubs. There was a survey sent out to see about interest in the in-person vs. virtual option, with the in-person estimated registration fee costing \$650.00 to attend, and the virtual estimated registration fee costing \$150.00. National is looking to clubs to volunteer at the AGM and there will be more about this as we know more. Updates will be regularly provided.

Scholarship

If you have some spare cash there is room in the CFUW Scholarship Christmas stocking ! I hate to ask after witnessing in the 75th Anniversary Program the generosity of the members over the years. It is just amazing the support members have given to students in this community.



Award A Scholarship Winners:

Cindy Ly, EFason, Jaimie Salih and Kiana Lowes



Long Term Care

In case you did not have the opportunity to attend the webinar last week on the Green House Model: A Blueprint for Change, you can watch it by clicking the link below. The presentation was 40 minutes followed by Q & A:

<https://changeltcnw.ca/wp-content/uploads/2021/11/Webinar-Greenhouse_BlueprintForChange-20211124.mp4>

The ratings for this webinar were excellent and illustrate another example of how we can help to transform our long-term care homes to emotion-based models of care. We understand there has been some interest in the Green House Model from homes in Canada.

For more details and information on the Green House Model, The Butterfly Model, the Eden Alternative or the Hogewey Villages, you can go to <<http://www.changeltcnw.ca>> .

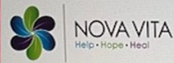
There are some excellent videos in the Resources section.

Kathy (Wright) VP, C.A.R.P. Ottawa

Chair, C.A.R.P. Ottawa Advocacy Working Group on Long-term Care

Submitted by Marg E. , Chair, LTC Ad Hoc Committee

CORRECTION: In last month's Newsletter article concerning Helen Howell and the Maple Arbor scholarships, the spelling of Helen's middle name should be *Holmes*.



NOVA VITA
Help • Hope • Heal

24 Hour Crisis & Support Line
519-752-HELP



WHO WE ARE WHAT WE DO I NEED HELP MAKE A DIFFERENCE RESOURCES CONTACT



Thank you for participating in
Nova Vita's
Hope for the Holidays campaign

CFUW Brantford raised
\$2,340.00

You are cordially invited to attend CFUW, Etobicoke's 8th annual **Stop the Violence Breakfast** on Wednesday, February 9, 2022 at 9 am via Zoom. This year we present a conversation with award winning author Donna Morrissey. Many of us remember lively book club discussions around titles like Kit's Law and Sylvanus Now. We laughed and cried as Donna brought the east coast of Canada alive for us. Donna's latest book is called Pluck and is autobiographical. In her conversation with us Donna will be sharing intimate details not included in the publication. You will leave inspired by the power of female friendship and courage.

Please see <http://www.cfuwetobicoke.ca/stop-the-violence-breakfast/> for more details.

Tickets are \$30.00 and all proceeds go to support **Women's Habitat Shelter** for women and children in Etobicoke. Please join us and bring along some friends. Payment is online by PayPal or credit card. Please note the credit card option is available only when registering via computer (vs. mobile phone). Note that Donna's story may include descriptions of violence. Please practice self-care.

Gail Rutherford on behalf of
CFUW Etobicoke, Breakfast Committee
416 239 6664

Register here:
[Webinar Registration - Zoom](#)

8th ANNUAL CFUW
STOP THE VIOLENCE BREAKFAST




"IT TAKES
PLUCK
A JOURNEY
OUT OF DARKNESS"

WITH AWARD-WINNING AUTHOR,
DONNA MORRISSEY

A story of spirited and determined courage in her deeply moving autobiography, "Pluck. A memoir of a Newfoundland Childhood and the Raucous, Terrible, Amazing Journey to Becoming a Novelist."

WHEN: Wednesday, February 9, 2022 at 9 AM
WHERE: Zoom Webinar
TICKETS: \$30
REGISTRATIONS: cfuwetobicoke.ca/stop-the-violence-breakfast/

IN SUPPORT OF

Congratulations:

Carol and Jim K. have welcomed another
granddaughter - born December 1st, 2021.



2021 –2022 EXECUTIVE

PRESIDENT IN NAME:

- Elizabeth Capitano

PAST PRESIDENT:

- Brenda Malvern

ROTATING PRESIDENTIAL TEAM:

- Elizabeth Capitano
- Lin Fines
- Maria Timmons
- Adrienne Roberts
- Anne Martin
- Catherine Sawyer
- Bev Golden
- Jenny DeAlwis

SECRETARY: Gay Henley

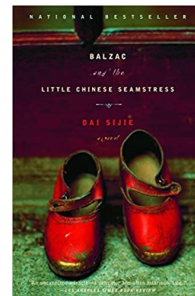
TREASURER: Maria Timmons

STANDING COMMITTEE CHAIRS:

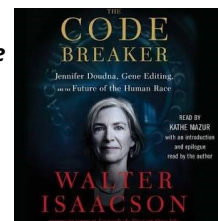
- Advocacy:** Elizabeth Capitano
- Communications:** Sandra Hughes
- Interest Groups:** Jane Binkley
- Membership:** Dian Kuzyk
- Program:** Anne Martin
- Scholarship:** Naomi Kral
- Social:** Rotating

Interest Groups

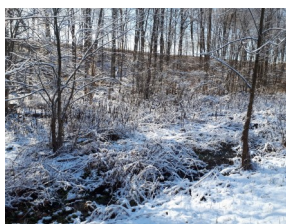
Thursday Book Club: *Balzac and the Little Chinese Seamstress* by Dai Sijie is a very short book about two teen-age boys' experience of re-education in the remote countryside of Mao's Chinese Cultural Revolution. The book provided a wonderful backdrop from which to think about our cultural and economic relationships with China today. Through their theft of a suitcase of French classic literature, they sought to make their isolation more bearable and used the books to impress the daughter of the local tailor. The symbolism of the violin and the alarm clock as bourgeois luxuries illustrated that no one (the village headman, the peasants, the boys, the former opium dealers) really accepted the limitations of Mao's communism. Our conversation Thursday evening, touched on how the Chinese political penchant for the long view over centuries, has shaped their progress towards becoming a global economic power today. In this context, we reflected on how challenging it is to find common ground between Asian and North American socio-economic cultures at a nation level, while at the same time many of us have cherished individual friendships that have do span diverse cultural differences.



Monday Evening Book Club: The Monday group met online through Zoom, to discuss *The Code Breaker: Jennifer Doudna, Gene Editing, and the Future of the Human Race* by Walter Isaacson. If you want to find out about an amazing woman, how the basis of the RNA vaccine for Covid-19 was developed and how this discovery may lead to massive changes in medicine and our development as humans, then read this book.



Walking Group: Our walking group enjoyed a Christmas Card-worthy morning with the snow on the trees but sun in the sky at Glen Morris.



Games Group: The Games folk are forming into mini groups of no more than 5 people, to socialize and enjoy games.



Dynamic Women Can Make a Difference