



Thank you  
Queen  
Elizabeth II  
for your 70  
years of  
dedication.



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## Presidents Message

As we head into the last days of summer it is a wonderful time to reflect on all the wonderful things that we have done over the summer and all the things we have to look forward to this coming year.

For those of you who are teachers (either by profession, inclination or in spirit) I will share with you some of my summer adventures – yes, I hearken back to those first week of school essays about “What I did this Summer”. For the last few years my adventures have taken place in “porta backyarda”, where I have been able to watch the local wildlife. Given the quantity of time I have spent in my yard I have been able to really understand the comings and goings of Tippy the Cat. Firstly, I have discovered he is a serial killer of small rodents and the occasional bird. I have also noticed he has an artistic bent, often making works of art with the tails he collects--- he plants them like a flower in both my garden and my next-door neighbour’s.

During this pandemic, I have noticed neighbours speaking to each other more, taking time to chat. I have met more neighbours over the past few years than since I was volunteering with the Home and School. Such a positive outcome of a horrible pandemic.

After spending so much time in my yard I was ready to spread my wings. I have been lucky enough this summer to travel to Prince Edward Island, the Haliburton area and Lake Placid. A theme in my travels is how happy people are to go out and about, but also how happy locals, and even border guards, seem to be with having visitors again. I heard repeatedly in PEI and in the U.S. how happy locals are to see visitors again. Even the border staff were exceptionally friendly, with the Canadian guard helping me complete the ArriveCAN app which was giving me grief. Perhaps the friendliness that has infected my neighborhood has been widespread. Perhaps this will be one of the positives coming out of the pandemic ---- we are just plain happy to see other people.

For our coming year I hope we can spread our wings, tentatively and carefully, to fly out into the world again. I

have missed you all. Zoom is wonderful but it does not replace real human interaction and the organic discussions and conversation that arise when in person.

I look forward to “seeing “you all and having the opportunity to chat. I want to hear all about you.

Respectfully submitted, Betsy C.

The Executive would like to extend their appreciation for the competence, hard work, and accomplishments that came out of the two ad hoc committees that were dissolved at the Executive Meeting on September 14th: Ad hoc committees are struck by the Executive to address key issues that require dedicated attention.

The Ad hoc Committee on Long-Term Care, Chair Marg E, and members, Lin F, Tish J, Lynn H, Sandra H, Brenda M and Betty Anne W addressed the issue of Long Term Care facilities: their focus/business model, staffing, and their response to Covid. Thank you to the committee for your excellent resourcefulness, and your ability to network and collaborate with other groups such as CFUW clubs, RTO, and CARP. We are confident that your work informed and influenced the Ontario Government and will watch carefully what transpires as a result of the recommendations that have been made and the Long Term Care Act that became law in April.

The Ad hoc Committee on Future Directions 2020-22, Chair Lin F, and members Joan H, Patti K, Nora L, Brenda M, Norah O, and Linda T addressed the amber alert about CFUW financials and the drain that GWI has on the organization. Thank you for two years of dedicated work investigating the issue, delving into the material that supported Motions made at previous AGMs re GWI, participating on CFUW National committees, and working with the National ED, President, and other clubs. We are confident that your work informed and influenced CFUW National to resolve their financial jeopardy. Thank you for continuing to stay involved to ensure that our club supports the rights, freedoms, and education of women and girls internationally.

Betsy C, on behalf of the Executive

## CFUW NATIONAL AGM

Lin F. represented CFUW Brantford at the 2022 CFUW National AGM on August 27th and 28th. The meetings were conducted virtually on Zoom. Saturday's Agenda included separating Articles from Bylaws, voting in the new Executive, the announcement that the Executive Director would resign effective October 2022, and a report on the many accomplishments that occurred in 2021-22. The highlights were participation in the Long-Term Care Study Group, the role that Advocacy played in the nation-wide early learning and childcare system adopted in all provinces and territories, the work to promote the rights and reconciliation of Indigenous peoples, numerous toolkits developed for clubs for initiatives such as candidates' meetings for the Federal Election, International Women's Day, Long-Term Care, and membership drives. CFUW National participated in three round tables with the federal government and delivered a written statement to the UN Commission on the Status of Women. Over two thousand people attended CFUW webinars on issues addressing topics such as, but not limited to, gun violence/control, sexual violence on campus, pay equity. Currently, there are 96 clubs and 6,558 members who belong to CFUW. Membership has decreased from 12,000 in the 1980's. It is worth noting that, in 2022, 26 clubs increased their membership, six clubs increasing by more than 10%. Sunday's Agenda focused mostly on motions to pass the resolutions that clubs reviewed in the March - May period. All six resolutions were passed.

Kathryn Wilkinson is the outgoing President. Joy Hurst is the incoming President. The website [cfuw.org](http://cfuw.org) will contain more detailed information.

Submitted August 28th, 2022, by Lin F.

## ONTARIO COUNCIL AGM

The Ontario Council AGM was held via Zoom on May 14, 2022. The organization appears to be in a healthy financial position, having an excess revenue over expenses of \$11, 109.00, despite membership in the member Ontario clubs having fallen by 81 members from last year.

Submitted September 3rd, 2022, by Betsy C.

### Ad hoc Committee on Future Directions 2020-22 Final Report

**CFUW Brantford Executive struck an Ad Hoc Committee in February 2020** in response to the Amber Alert that was sounded at the National AGM in 2019, and the post-resignation letter from the National VP Finance emphasizing that CFUW would not have the financial capacity to continue beyond 2022 because of the drain on funds from GWI (Graduate Women International).

**Mandate:** to investigate the financial viability of CFUW National, determine the potential impact on CFUW Brantford, identify alternatives and make recommendations, including how to protect our Scholarship Charitable Trusts.

**Committee members:** Chair Lin F., members Jane B., Joan H., Patti K., Nora L., Brenda M., and Norah O., Linda T. - members with expertise in banking, accounting, audit, mathematics, administration, education, and NGO/public service.

## Achievements:

**Research:** The Committee reviewed financial reports for the past ten years, documents from CFUW VP Finance, resolutions from St Thomas and Guelph regarding GWI and its impact on CFUW finances. We also met in person or by phone with clubs that were staunch supporters of GWI and clubs that opposed belonging to GWI. We also connected by Zoom, e-mail, and phone with the National Executive Director and President, and attended webinars on GWI and Financial Statements. In the summer of 2021, we participated in the Mediation Working Group established by National to work out solutions for the divide that occurred because of GWI.

**Advocacy:** We wrote letters of concern to CFUW National regarding the financial crisis, with emphasis on the drain by GWI. We worked with other CFUW Clubs and within the CFUW-GWI Mediation Working Group and supported the four recommendations that resulted from the mediation process. Our Club voted to support the Guelph Motion to remove Article IV from the National Articles and Bylaws (requiring CFUW to be a member of GWI), but the Motion was defeated at the AGM with a 64.1% vote to approve because changes in the constitution require a two thirds (66.6) approval.

**GWI Issue substantially resolved:** Our greatest sense of progress was when CFUW National began working with mediation experts, accounting firm and lawyers on constitutional issues. and how to resolve the mandatory membership in GWI membership because it is imbedded in Article IV of CFUW National Articles and Bylaws. Clubs are entrenched in pro-anti GWI. CFUW National circumvented the constitutional issue by defining mandatory membership to apply at the national level only and not to individual clubs. They then invited individual clubs to determine if they also wanted to be members of GWI and directed that any club opting to be a member of GWI would be fully responsible for all GWI dues and expenses. This directive resolved the drain on financials that included the gap between what GWI charged for membership versus the lesser amount that our membership approved as well as expenses such as foreign exchange rate fluctuations.

**CFUW Brantford's Motion approved to opt out of GWI.** CFUW Brantford passed the Motion to opt out of paying GWI dues starting in 2022. The amount collected to support the rights, freedoms and education of women and girls internationally was disbursed to international organizations that were nominated by individuals in our club who worked with these not-for-profits. This process may be followed in 2022-23.

**Next Steps:** The ad hoc committee feels that National has resolved the challenges regarding their financial drain and viability, thereby resolving National's potential impact on CFUW Brantford.

We recommend that CFUW Brantford consider issues such as their aging/declining membership and how to fulfill Executive responsibilities. However this is not the mandate of this committee.

## Conclusion:

*It is the opinion of this Ad hoc Committee that we have fulfilled our mandate. Therefore, this document is considered the Final Report, and a motion to dissolve the Committee was passed at the Execu-*

# Ad hoc Committee on Long Term Care

## Final Report - September 14th, 2022

In the Spring of 2020, the Executive struck an Ad hoc committee on Long-Term Care (LTC) to address issues related to Covid and LTC, specifically that over 40% of Covid-related deaths in Ontario were residents in Long-Term Care facilities.

The committee is comprised of Chair, Marg E. and members Lin F., Lynn H., Sandra H., Tish J., Brenda M., Betty Anne W. The scope of the committee has been Long-Term Care homes, although some of the findings and recommendations could be applied to home care and other institutions dealing with seniors. The committee's strategy was a multi-pronged approach that built on strategic alliances with like-minded organizations including CFUW Clubs such as Stratford and Oakville who raised resolutions at CFUW National, Ontario Health Coalition, and C.A.R.P. The Ad hoc committee worked locally, communicating with the eight LTC homes in Brantford and Brant County acknowledging their success in dealing with the initial COVID-19 outbreak and inviting their ideas on what advocacy efforts would be most helpful to them. The committee worked with C.A.R.P. and encouraged our club members to write letters to our politicians and leverage key initiatives undertaken by C.A.R.P. On December 6th, 2021, the LTC Homes Act 2021, received Royal Assent. "The Providing More Care, Protecting Seniors and Building More Beds Act". This Act addressed both residents living in long-term care (LTC) and retirement homes (RH).

The Ad hoc committee is pleased that their recommendations have been addressed, specifically

- establishing in law the commitment to provide an average of four hours of direct care per resident per day by March 31, 2025, with increasing interim goals to increase care
- establishing new compliance and enforcement tools, including doubling the fines on the conviction of an offence
- strengthening the Residents' Bill of Rights to align with the Ontario Human Rights Code and recognizing the important and ongoing role caregivers play in resident health and well-being.

The Ontario government:

- . is investing \$4.9 billion over four years to support more than 27,000 new positions in long-term care, including personal support workers, registered nurses, and registered practical nurses.
- . is providing an additional \$72.3 million over three years to increase enforcement capacity including doubling the number of inspectors across the province by 2022–23.
- . is investing \$6.4 billion to deliver 30,000 net new long-term care beds by 2028 and about 28,000 upgraded long-term care beds across the province.

What has not been addressed is making LTC Homes more home-like and less institutionalized. While some LTC Homes in Ontario have pilots in place concerning these emotion-based models of care, there is still lots to be done in this area. In addition, more than 70 LTC Homes still do not have air conditioning as was promised by the Ford government last spring. It has been a hot summer!

### Conclusion:

The Ad hoc committee on Long-Term Care has fulfilled its mandate and presented this document as their final report to the Executive at the September 14th meeting. The motion was passed to dissolve the Ad hoc committee on Long-Term Care.

Marg E., Chair LTC Ad Hoc committee on Long-Term Care

## Municipalities can make a difference!

With our municipal election coming up, it is timely to look at how LTC Homes are operated in Ontario. Most municipalities in Ontario manage at least one long-term care home. In Brantford and Brant County we have The John Noble Home.

Here is a brief recap of Ontario's long-term care home system: There are 626 long-term care homes in Ontario (as of 2019); of these, there are 3 categories:  
For-Profit: 58%, Not-for-Profit: 24%, Municipal: 16%

What are the commonalities?

- **Funding:** All 3 types are funded by the Ministry of Health and Long-Term Care through the Local Health Integration Network (LHIN) based on the same formula. In addition: Municipalities can opt to top up funding for their homes through taxpayers' dollars. Some of the other homes have either foundations or fundraising programs that can top up their funding for capital expenditures or program enhancement.

- **Resident costs:** In all 3 types, residents are required to contribute a monthly co-payment for accommodation of basic (\$1848.73), semi-private (\$2,228.63) or private (\$2640.78). These costs are as of 2018 and there is a cost of living increase each July. For-profit homes have additional costs for specific services.

**Legislation:** All 3 types are subject to the same standards, rules, and regulations.

How are the homes managed?

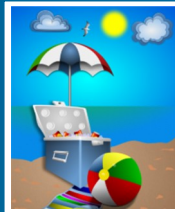
- The **for-profit** long-term care homes are managed by their corporate office through their Chief Executive Officers (CEO's)
- The **not-for-profit** long-term care homes are managed by a Board of Directors through their CEO's

The **municipal** or city-run long-term care homes have a formal mechanism in place for their management through a committee of City Council and a staff director.

Recently, city-run homes in Toronto obtained funding through the provincial government as well as the City of Toronto budget to upgrade all 10 of their LTC Homes. They have adopted a Care-TO model of care. The Region of Peel led the way a few years when it adopted an innovative model for its homes. Funding partnerships can make a difference!







## Blue Lake Picnic



Thank you to Pat C. for hosting a lovely get together at Blue Lake. The chance to enjoy each other's company, the weather, the swimming and the tasty pot luck was appreciated by all.



All the best to Jenny D. on her move to Guelph. Special cakes were shared to wish her well on her new adventure.

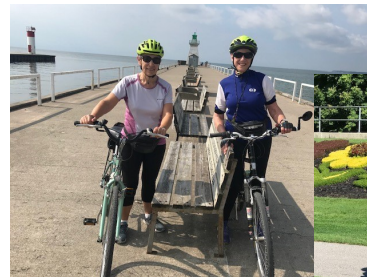
## Summer Interest Group Activities



Games Group bocce at Glenhyrst.



Cookery Group planning at Glenhyrst.



Biking Group at Port Dover and at Lorne Park in Brantford.



Walking Group in West Brant, near Gilkison Flats.

# Interest Groups

**Thursday Book Group:** The Thursday Evening Book Club started the year by reading *Scarborough* by Catherine Hernandez. This book can be a tough read. It's not long but what it lacks in length, it makes up for in emotional weight. The families profiled are seemingly all trying to keep their heads above water in one way or another. Whether they're running from trauma, dealing with a broken healthcare system, finding a way to make ends meet or just searching for the strength to get through another day, the people in Catherine Hernandez's novel reach through the pages and rip your heart out. But it's not all about abject poverty and misery. The strength of the characters and the relationships that are formed throughout are striking. *Scarborough* was one of the two finalists in Canada Reads 2022 and is highly recommended.



**Monday Book Group:** Welcome back to another season of lively book discussions! We will be meeting at the home of Barb P. at 7pm, Sept. 19th to discuss *Between Two Kingdoms* by Suleika Jaouad.



Lynda S. will be discussion leader.

The book for Oct. 17th will be *Lessons in Chemistry* by Bonnie Garmus.

**Dining Out Group:** The Dining out group enjoyed a September afternoon in wine country at The Good Earth Food and Wine Co in Beamsville. Our plans to dine outside under the wisteria-covered pergola were scuppered by an early morning rain, but we were delighted to have our own private dining room inside overlooking the orchard and vineyard. The chefs source local produce either from their farm or other farms in the area and create dishes that are outstanding in both taste and presentation. All twelve of us recommend this restaurant if you are venturing into the Niagara area for great food, lovely wine, and friendly service.



The Grand River Grannies and Glenhyrst Art Gallery are pleased to announce an Art From the Attic sale and Appraisal Day, Sept. 23-25, 2022. We hope you will attend this event, to be held in the Glenhyrst cottage.

For more information on the sale and the appraisal day, please see [glenhyrst.ca](http://glenhyrst.ca). Susan B.

**Creative Cookery Group:** Lin F. has kindly offered to host our first group meeting in her backyard for LUNCH at 1pm. on Wednesday, September 21. Rain Date: Next day, same time, same place.

We are trying out meeting for Lunch instead of Supper. Anyone who works could hopefully arrange to take their lunch with us. We will have Zoom meetings for the rest of the season. The host will determine the topic to be discussed or explored.

**Games Group:** Fall is upon us and our group is getting organized for the year. Members choose one or two 'play dates' to host. Hosting Duties:

- Provide game(s)
- Provide location, usually at home, OR suggest location such as a restaurant which will accommodate us after lunch to play. We are very flexible and open to suggestions. For outside games, space and masking have not been an issue, but we are thinking about being inside in the colder weather? The group meets on the 2nd Thursdays and 4th Mondays of month.

## New Interest Group?

**Caregivers:** Group for sharing support and information re: assistance, resources, etc. relating to a caregiver's role or situation. Colette W. has indicated she would Chair/Co-ordinate this group, at least in its beginning stage.

If this is of interest to you, please let me (Roma M.) know to proceed with getting it up and running.

## Invitation to Share Updates on our Website and Facebook page.

In addition to submitting photos and updates to be published in our CFUW Brantford Newsletter, please contribute updates for our website and our Facebook page. It is hoped that your efforts will encourage new membership with this wider media presence.

Please send articles and photos to Sandra H. for the newsletter, Marsha S. for the website and Mary P. for our Facebook page, with a copy to our club's e-mail address:

[sandra.hughes@sympatico.ca](mailto:sandra.hughes@sympatico.ca), [mskrypuch@gmail.com](mailto:mskrypuch@gmail.com), [marypitchford@gmail.com](mailto:marypitchford@gmail.com) and [cfuwbrantford45@gmail.com](mailto:cfuwbrantford45@gmail.com)

**Format:**

**FOR THE NEWSLETTER:** Sandra asks that you create a Word document or create a text and jpeg using Calibri 10 font and send it by e-mail as soon as the event happens or at least by the first Friday of the month for inclusion in that month's newsletter.

**FOR THE WEBSITE AND FACEBOOK PAGE:** If you think your article would be of interest to people thinking of joining our club, or the general public, all Marsha and Mary need is a brief blurb in the body of an email and a photo attached in jpg (jpeg) format. Take a look at the website and Facebook page for ideas. Think about what might attract new members.



## 2022 –2023 EXECUTIVE

### PRESIDENT IN NAME:

- Elizabeth Capitano

### PAST PRESIDENT:

- Lin Fines

### ROTATING PRESIDENTIAL TEAM:

- Elizabeth Capitano—June, July, August, February, Second 1/2 May
- Lin Fines—September
- Anne Martin—October
- Janet Kempster—November
- Maria Timmons—December, January
- Bev Golden—March
- Catherine Sawyer-April, May first 1/2

### SECRETARY:

Lin Fines/Maria Timmons

**TREASURER:** Maria Timmons

### STANDING COMMITTEE CHAIRS:

- Advocacy:** TBD
- Communications:** Sandra Hughes
- Interest Groups:** Roma Makkreel
- Membership:** Dian Kuzyk
- Program:** Jennifer DeAlwis/Linda Tripp
- Scholarship:** Janet Kempster/Lynda Stamer
- Social:** Bev Golden

## Scholarship



This year the Award A Scholarship for 2022 was presented to four students. Vibha Koottala from Assumption College, Carmelli Dao from Pauline Johnson Collegiate and Vocational School and Alexa Windle from Brantford Collegiate Institute were the award winners.

The students were selected were selected to receive \$1,000 dollars each towards their education.

Thank you to the membership for your continued support and donations. It is appreciated!

Naomi K.



## September General Meeting

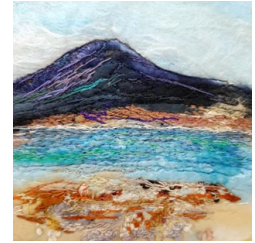
September 28, 2022

Hybrid Meeting at 7:00 p.m.

Location: Thorpe's Carriage House or in your home on a Zoom call

### Program:

**Jennifer Budd, a fabric artist** from Paris, describes her work as Woolscapes, landscapes or flowers created with felted wool that look like paintings. Her work is now available in digital reproductions on cushion covers and other items.



Come and enjoy a cupcake, courtesy of the Executive, as you reconnect with other members at Thorpes.



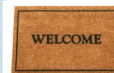
Barb Townsend, a former member of CFUW BRANTFORD, died on July 2nd. Barb was a warm and engaging person and had been a teacher with the Grand Erie Board. Her obituary is below.

<https://brantfordexpositor.remembering.ca/obituary/barbara-townsend-1085615811>

Best wishes to Mary Jo B. as she recovers from 2 strokes. She has been changed from acute care to rehab. She is in room 259. Her OT says she expects rehab to be 2 to 4 weeks. She's working hard to get better.

She can have visitors, 1 at a time too. She is on a covid free floor and she is covid free. Visitors must wear a mask, gown, and gloves which are provided.

Her daughter Donna reads her messages via messenger and email and plays her voice messages so she can hear them. Cards are being delivered to her room.



Welcome to our newest member, Nancy P., from Guelph.



If all goes well we will be holding Trivia Night on February 8th, 2023.

This event is the major fundraiser for our Scholarship Fund so we are really hoping that things will work out this

year. The committee will update as the plans are firmed up.

Stay tuned!! Bev G., Lynn H.



Dynamic Women Can Make a Difference

