



Monday, April 22, 2024



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There were 34 members who attended our March General Meeting in person at Thorpe's Carriage House and 12 who attended remotely by Zoom. Anne M, Diane B and Maria T worked at improving the microphone system and tested it to ensure that people attending remotely could hear and be heard, and that the sound system was improved at Thorpe's Carriage House. We are moving in the right direction to offer hybrid meetings to our membership, and we have a way to go. As President of the month for March, I apologize to those who attended the March 27th General Meeting by Zoom. I did not ensure that your votes were counted for motions and your show of hands recorded in the polls we took regarding the Articles and Bylaws. I contacted each of the twelve attendees to apologize personally. Thanks to Penelope J who quickly pulled together the first draft of the Minutes of the March 27th General Meeting, I was also able to send our Zoom participants the draft Minutes and ask them to review the decisions and weigh in with their input. Based on their feedback, the decisions made at the meeting will stand. We will ensure that hybrid meetings are on the agenda for our Executive Meeting on April 10th and that we take steps to ensure that all votes are counted. We seem to do well with Zoom-only meetings, and with in-person-only meetings. Our goal is to make our hybrid meetings effective and enjoyable for all attendees. After our virtual meetings in January and February, it was delightful to socialize in person at Thorpe's Carriage House and catch up with one another.

Thanks to the creativity and resourcefulness of the Program Committee, we continue to have interesting speakers at our General Meetings. In March, thanks to Mieke S and her guest, Jennifer D, who facilitated interviews of three refugees — from Syria, Africa, and Ukraine — we learned about the refugee experience of leaving home, coming to Canada, as well as the benefits and challenges of establishing life here for themselves and their families. It was a sobering and inspiring program. On the business front, we reviewed the excellent work that Teddy B has done with the Nominations process (second year in a row that the roster of Executive roles has been filled two months ahead of time!), the plans that Bev G and the Banquet Committee has for this year's Banquet and AGM — and the surprising good news that this year's tickets are \$60 - \$5 less than last year's cost!! We voted to move our bank accounts from Tandia to BMO or another financial institution that offers

e-transfers to accounts like ours that require two signatures. We discussed our CFUW Brantford Articles and Bylaws 2024 and agreed to add a dissolution clause (a clause that we hope we never need!). Maria T presented the 2024-25 Budget that will be shared over the next two months and voted on at the AGM. Patti K. reviewed the good work that the Resolutions Committee did in reviewing National and OC resolutions - making recommendations that our members supported. Barb S reminded us that membership renewal will take place in April and May, and Roma M announced two new interest groups to consider joining next year: tennis and mahjong. Karen I advised that Award A information has been sent out to the high schools and we look forward to learning about the Scholarship Award A recipients in the next few months.

The April 24th General Meeting should be very interesting:

- a) The guest speaker is an educator who will share her experience relative to the challenges faced by people who identify as LGBTQ.
- b) We will vote on the adoption of the CFUW Brantford Articles and Bylaws 2024 by Special Motion:

"Given that *CFUW Brantford Articles and Bylaws 2013* is over a decade old and that recommended updates span at least eight (8) years, it is moved that the aforementioned document be replaced with *CFUW Brantford Articles and Bylaws 2024*."

- c) We will invest fifteen minutes to discuss the CFUW Scholarship Trust Constitution 2024 that will be voted on by Special Motion at the AGM.

There is a lot of good work happening in our club, a lot of inspiring and enjoyable activities in our interest groups, and much kindness and support in our community in general. We have much for which to be grateful. In particular, I would like to thank the Leadership Team. It has been a delight to be part of it this year. Many thanks to the individual members who reach out to express appreciation for the work that we do. It is important that you raise questions or concerns with the President of the Month, who will address the issue personally or put it on the Agenda for the next Executive Meeting. As I write this newsletter article, my back yard is a sea of blue. And poking their way up through the scilla are tulip, daffodil and hyacinth shoots, some of which are sprouting blooms and dancing in the sunshine. I love Spring and the sense of new life, longer daylight, and warmer temperatures. I hope this season finds you in good health and spirit. Happy Spring to all. Lin F.



## Scholarship

The revised Scholarship Constitution will be briefly discussed at our April General Meeting. Feedback has been positive, but if you have not read the document, please do so before the April General Meeting. The revised constitution will then move forward to the AGM where it requires a two third majority from those attending the meeting. Karen I.

## MEMBERSHIP RENEWAL

It's that time of year again to renew your annual membership for 2024-2025. We appreciate your support and look forward to an interesting and productive year ahead. Membership forms and Interest group information have been emailed to current members. Please be aware that unless you have either joined or renewed your membership and paid the annual fee by May 24th, you will not be eligible to vote at our Annual General Meeting in May.

If you need more information, contact Barb S. at [bobarbscott@rogers.com](mailto:bobarbscott@rogers.com) or 519-756-0959.

## Stay Up- to-Date on CFUW National and Ontario Counsel News:

For those of you who have not signed up for the National and Ontario Counsel Newsletters here is a quick tutorial on how to sign up so that you can stay aware of news, events and learning opportunities. I do recommend that those of you who have not signed up for the newsletters do so, as there is a great deal of information in them.

To Sign up for the CFUW National Newsletter follow the steps set out: 1. google CFUW National; 2. go to website; 3. At the top of the screen in the website it will ask you to put in your language of choice --- hit French or English; 4. scroll down the section that says "stay informed with our newsletter" and there is a box that indicates "sign up today"--- hit that box; 5. fill in the boxes that ask for your name and email and then hit submit. To sign up for the Ontario Council Newsletter Google CFUW Ontario Council and hit the link. Scroll down the website until you get to the heading "Quick Links". Third under that heading is "sign up for the OC News". Hit that link, fill in your name and email address and be ready to receive your newsletter. Betsy C.

## Save the Date for the National AGM in Edmonton:

For any member or members who wish to attend the National AGM please note the following :

The National AGM and Conference will take place, in person, at the [Sandman Signature Edmonton Downtown Hotel](#) from Monday, July 22nd - Wednesday, July 24th, 2024. The events will begin with an opening ceremony dinner on Monday night, followed by the AGM and Policy Session on Tuesday and a full day Conference on Wednesday.

The hotel has provided CFUW members with a discounted booking code. Please use the link and code below to book your rooms. You will note that the group rates have been extended 3 days prior and 3 days post our event dates for those who choose to extend their stay in Edmonton. Group Link: <https://reservations.sandmanhotels.com/113066?groupID=4153384>

Web Access Code: 2407CFUW20

The theme for the 2024 Conference is "Realizing potential. For all women." to incorporate our new branding and CFUW's vision.

### Registration Fees:

Register by **April 30, 2024** for Early Bird Pricing: \$495.00/person.

Registration after **April 30, 2024**: \$525.00/person.

**Air Canada & West Just have provided Promotion Codes that can be found on the CFUW National Website or the March 15, 2024 Newsletter.**

Remember that any member of CFUW can attend the AGM but only the club delegate can vote. Please feel free to volunteer to be our club delegate if you are interested in taking on this role.

## Save the Date for the Ontario Council AGM :

**The 2024 Ontario Council AGM & Conference is taking place in Windsor on May 24th and 25th, 2024. The theme of the conference is W/E Break Barriers. (W/E = Windsor/Essex)**

The 2024 AGM & Conference will take place at the [DoubleTree Windsor Hotel](#) located at 333 Riverside Dr. West in Windsor.

Registration for the AGM & Conference is now open. The registration fee is \$130. **TO REGISTER PLEASE CLICK [HERE](#)**

To get all the information about the 2024 AGM & Conference, including hotel reservations, program and agenda, and how to get to Windsor, please click [here](#). Again, any member can attend the conference but only a delegate for a club can vote. Any member interested in attending the AGM as a delegate so if interested in attending feel free to volunteer to be our club delegate.

## Fun Event

CFUW ST. Catharines Annual House and Garden Tour will occur **May 26, 2024 from 12 noon to 5 pm. This is a major fundraiser for the clubs' scholarship fund. Tickets can be purchased via Eventbrite and for updates on the event visit [www.stcatharines.org](http://www.stcatharines.org).**

For those who would like to subscribe to the **CFUW national Newsletter** here is a link that makes it very easy

<https://cfuw.us12.list-manage.com/subscribe?u=8efb82640cb8bc1fd889b4668&id=c38dba3032> .



## CFUW BRANTFORD INTEREST GROUPS 2024– 2025

Interest Groups are an excellent way to meet and socialize with members in smaller groups - have fun, interesting conversations and basically get to know one another. It is time to renew memberships as well as indicate what Interest Groups you would like to join or re-join. If you are not part of a group, I encourage you to look at the listing below and view further explanations of the groups on the CFUW web to see what might twig your interest.

Two new groups are being offered on this year's listing:

**Tennis** – will be seasonal with frequency, dates and time to be determined by the group.

**Mahjong** - for anyone interested in learning to play American Mahjong rules. Mahjong is played in person with 4 players, a set of tiles and a game card with a selection of patterns. Players draw and exchange tiles until they acquire 14 tiles matching one of the patterns for a Mahjong. Game and game cards provided. The suggestion is to meet weekly for 2 hours with day and time to be determined.

Roma M. (Interest Group co-ordinator)

Name:

Address:

Email:.

Tel #

Please put an [X] beside your choice even if you are a long standing member of the group.

BIKING – Seasonal days and times TBD by group

BOOK AND LUNCH – 2<sup>nd</sup> Monday – 1:00 pm

CLUB - 3<sup>rd</sup> Monday - 7:00 pm

BOOK CLUB - 1<sup>st</sup> Thursday - 7:00 pm

BRIDGE 1<sup>st</sup> Monday 1:00 currently playing on Trickster

CREATIVE COOKERY -3<sup>rd</sup> Wednesday – 6:00pm

DAY TRIPPERS – arranged as events available

DINING OUT – random lunch or dinner dates and times and locations

FOOD WITH THOUGHT – 2<sup>nd</sup> Thursday – 6:00

GAMES – 2<sup>nd</sup> Thursday and 4<sup>th</sup> Monday

GOLF – 2<sup>nd</sup> Monday American rules

MAHJONG - TBD by group- American rules, instruction available

TENNIS – seasonal, TBD by group

WALKING GROUP -each Tuesday – 9:30 and 10:00 starts

WORLD AWARENESS – 3<sup>rd</sup> Monday – 9:30am

New group suggestion \_\_\_\_\_



## Nominations for CFUW Brantford Executive - 2024 -2025

The following members are presented for election to the Executive for 2024-2025:

Position	Name(s)	Committees	Name(s)
President in Name	Teddy B.	Communications:	Chair: Sandra H. Archives/DropBox: Maria T. Email: Marsha S. Facebook: Mary P. Goodwill: Leslie L. Newsletter: Sandra H. Networking: Gloria S. Webmaster: Marsha S. Meeting Technology: Anne M.
Rotating Presidential Team	Elizabeth C. SEPT		
	Pat C. OCT		
	Cookie H. NOV		
	Maria T. DEC-JAN		
	Catherine S. FEB		
	Linda T. MARCH		
	Dian K. APRIL		
	Barbara M. MAY		
	Teddy B. JUN-AUG	Membership:	Chair: Barb S.
Past President	Janet K.	Program:	Chair: Colette W.
Secretary	Penelope J./ Arlene C. Kazuko K. (scholarship)		Dian K. Linda T.
Treasurer	Maria T.	Scholarship:	Trustees: Chair: Karen I. Treasurer: Maria T. Past President: Janet K. President in Name: Teddy B. Member at Large: Brenda M. Secretary: Kazuko K. Arlene C. Mary P.
Communications	Sandra H.	Social:	Chair: Lynne D. Jeanne C. Marla M.
Interest Groups	Roma M.	Advocacy Ad Hoc Committee	Chair: Kate G. Resolutions: Betsy C..
Membership	Barb S.	<p style="text-align: center;">Thank you to the Members for their support and enthusiasm for CFUW Brantford, for those who will stand for election to the Executive, those who will sit on Standing Committees, and those who have offered to pitch in on projects and activities as they arise. <i>Respectfully submitted, Teddy Buzek, Chair, 2024-25 Nominations Committee.</i></p>	
Program	Colette W.		
Scholarship	Karen I.		
Social	Lynne D.		



**NOVA VITA**  
Help • Hope • Heal

## Nova Vita International Women's Day Event

Attached are some photos from Nova Vita dinner, on March 6th. It was a remarkable and well attended event! Anne Rundle was an impressive MC and I understand the Nova Vita team exceeded the evenings' fundraising goal of \$15,000.00 - WOW!  
There is such incredible support for Nova Vita and it was awesome to be amongst so many generous people that care about their community.  
Lin, thank you again for organizing our club's attendance, I most appreciate it and look forward to attending next year! The table settings were so beautiful! Cheers, Jill B.



## Articles and Bylaws

### Timeline to date:

#### 2023:

Requests for participation to update CFUW Brantford Articles and Bylaws.

Request for guidance from CFUW National regarding recommendations for Articles and Bylaws for unincorporated clubs with less than 125 members and a budget under \$15,000.

#### 2024:

January 21st: email to the membership with the first draft of 'CFUW Brantford Articles and Bylaws 2024' along with highlights of the changes from the 2013 version. Request for Feedback by Feb 10th.

Feb 13th: Feedback reviewed by Articles and Bylaws Committee. Revisions made.

Feb 15th: Updated draft of 'CFUW Brantford Articles and Bylaws 2024' emailed to the membership along with highlights of the changes and a request for feedback by March 10th.

March 27th: Discussion at General Meeting

#### Next Steps:

April 15th: Final copy of A&B to be sent by email to the membership

April 24th: Special Motion will be made at the General Meeting requiring a 2/3 majority to pass. (2/3 of the attendees at the meeting if there is a quorum).

**If you would like, you are invited to contact** any one of the four people sitting on the Articles and Bylaws Committee in advance of the vote at the April 24th General Meeting.

**Thank you** for your attention to this important undertaking.

Lin F.



# Interest Groups

The **Thursday Book Club** selection for April was *The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together* by Heather McGhee. It is a well-researched and, for most, a readable book that approaches racism from an economic and political perspective. It is a hopeful book because McGhee discusses how society could be more than just the sum of its various parts. All of us together is far better for each of us. Said differently, segregation hurts everyone, not just the oppressed: and equity benefits everyone, all levels in society.



Heather McGhee carefully and articulately unpacks these concepts, in a hopeful manner. It is an interesting complement to the book *Caste* by Isabel Wilkerson. *Respectfully submitted by Janet R.*

**Biking:** Our biking group will be starting in early May, before the new interest groups are published. If you are new to this biking interest group, send me a note at [innes96ke@sympatico.ca](mailto:innes96ke@sympatico.ca) and I will include you in our happy trail e-mails. Karen I.

**Dining Out Group:** In March, the Dining out Group had two events on March 6th to the Brantford Golf Course to celebrate International Women's Day and support a fund raising event for Nova Vita and on March 21st at Shakespeare's Steak and Seafood restaurant in Hamilton. In April, our group will explore the backroads to St Jacobs area to Anna Mae's in Millbank. Anna Mae's is a family-run Mennonite restaurant that is known for its wonderful homemade meals and pas-



tries. I was delighted to see Werner at Shakespeare's an old friend of the family's and our favourite server at LoPresti's. We lost touch with him after Lo Presti's closed. While he no longer makes Caesar salad and steak au poivre at the table, his impeccable manners continue to make dining out a special occasion. Lin F.

**Daytrippers:** The post COVID Daytrippers first excursion occurred on March 25th when a small group of nine ladies visited the Toyota manufacturing plant in Cambridge. We were all impressed with how clean the plant was and the combination of robots and people that assemble the vehicles. The Cambridge plant is the size of 83 football fields (15.4 million sq ft). Visitors are taken on a comfortable tram ride through the north and south plants where we got to see the Toyota RAV4, Lexus RX and Lexus NX models being assembled. We had a very informative guide. We recommend that club members and their families take advantage of this tour. There is no cost and it is open to children 8 years of age and up and there is minimal walking. Just go to [www.tourtoyota.com](http://www.tourtoyota.com) to book a tour. We have two events booked for April and one for May. If you are interested in joining the Daytrippers please select the group on the upcoming membership enrolment form. Barb M..

**Monday Book Group:** This was our last ZOOM mtg for the winter and we are all looking forward to "pressing the flesh" in April. But we enjoyed discussing *Snow Road Station* by Elizabeth Hay. In the winter of 2008, Lulu, a 62 year old actor, lands a dream role in a Samuel Beckett play. She has a limited time to learn it but she manages the first few performances and then starts to flub her lines. From there her career and life begin to unravel. Acting has been central to Lulu's life. Out of work, humiliated, she escapes to a family wedding and an old friend at Snow Road Station. She decides she is through with drama. She thinks she wants peace. She finds anything but...At the centre of it all is the friendship between Lulu and Nan. As the two women contemplate growing old, they surrender certain long-held dreams and confront the limits of the choices they've made and the messy feelings that kept them apart for decades. *Snow Road Station* is not so much a story with a plot. Rather it is a series of life relationships and changes – some harsh and imposed, others slowly emerging and evolving.



Several other characters, mostly men, share in these tangled relationships and we watch them as they emerge and evolve and settle.

The difficult work of making maple syrup is a central theme. The work itself is often where the intersection of characters and their conversations occur. *Stone Road Station* opens with a marriage and the promise of social cohesion. However, things quickly begin to fall apart: the nuptials are threatened, Lulu loses her place in the world. But the story closes with the establishment of new romantic relationships and the birth of a much-loved child – a child who, in many ways, restores Lulu to herself. Everyone gave this book a thumbs up – it is tender and insightful. Losses often open the way for new and wonderful opportunities at any age. Linda T.

**Creative Cookery:** Over the pandemic Creative Cooking was, unfortunately, unable to meet regularly. Although there were Zoom and outdoor get-togethers, the group did not function as usual. This past year the group was able to meet, and it now appears like a good time to review the best way for the group to move forward. On March 20, 2024, a large number of the group were able to meet to discuss the group moving forward and came up with 13 expectations for creative cooking members. To find out more contact Betsy C.

The next get together will be on May 1st for the whole group.



## 2023 –2024 EXECUTIVE

### PRESIDENT IN NAME:

- Elizabeth Capitano

### PAST PRESIDENT:

- Lin Fines and Janet Kempster

### ROTATING PRESIDENTIAL TEAM:

- Elizabeth Capitano—June, July, August, May
- Lin Fines— March and April
- Anne Martin—October
- Janet Kempster—November
- Maria Timmons—December, January
- Catherine Sawyer— September, February

### SECRETARY:

Lin Fines/Penelope Jeffery

**TREASURER:** Maria Timmons

### STANDING COMMITTEE CHAIRS:

- Advocacy:** Patti Kunashko
- Communications:** Sandra Hughes
- Interest Groups:** Roma Makkreel
- Membership:** Barb Scott
- Program:** Colette Wilson
- Scholarship:** Karen Innes
- Social:** Bev Golden



Our condolences to the family of Marion Jarrell, daughter of Elizabeth Cavanagh, who passed away on April 7th.



<https://brantfordexpositor.remembering.ca/obituary/marion-jarrell-1089552058>

### Special Motion to be made at the April 24th General Meeting:

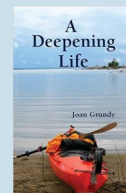
Given that *CFUW Brantford Articles and Bylaws 2013* is over a decade old and that recommended updates span at least eight (8) years, it is moved that the aforementioned document be replaced with *CFUW Brantford Articles and Bylaws 2024*. (See page 5 for more details)

## April 24th General Meeting

**Location:** Thorpe's Carriage House and Zoom

**Time:** April 24th, 7:00 p.m.

**Program:** Living an Authentic Life



Joan Grundy is a charismatic speaker and inspiring writer. She has addressed many groups in the areas of spiritual growth, educational leadership and wellness. She has a Masters degree in Theological Studies and background in psychology and counselling. Before her retirement, Joan was employed as a department head of religion and family studies and then vice-principal at a local Catholic high school. There she chose to counsel the LGBTQ (lesbian, gay, bisexual, transgender, queer) students and to educate people about this issue. In her thirties, she realized that she was gay but because of her Catholic upbringing and profession was not able to be authentic because she couldn't live out her real sexual life in the confines of the Church. She will have her book for sale at the meeting, an autobiography called, *A Deepening Life*. This is a timely topic now with extreme groups objecting to schools offering support and resources to kids who are in the "sexual minority". I think Joan's presentation should lead to some interesting discussion and thought.

Dian K.



## Brantford Annual General Meeting and Banquet, May 22, 2024

### Location:

Walter Gretzky Municipal Golf Course and Learning Centre

**Ticket cost:** \$60.00

### Cash bar

We have a new format for our evening out in May. We will start with a welcome at 4:30 p.m., then the AGM from 5-6 p.m., and dinner from 6-7:15 p.m. After dinner we will have presentations, announcements and socializing.

Ticket sales started at the March General meeting and will end on May 10. Payment can be via e-transfer to Maria T. or cheque (payable to CFUW Brantford ) or cash given to Bev G. Please indicate a gluten or nut allergy or if you prefer a vegetarian option.

Looking forward to a good evening.

Submitted by Bev G.



cfuw fcfdu

Realizing potential. For all women.  
Le pouvoir par le savoir.

