

Realizing potential for all women

May 2025





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From the Leadership Team:

As a relatively new resident of Brantford I am so impressed by the dedication and talents of the CFUW membership. I have joined many of the varied, interesting and stimulating Interest Groups. The Book Clubs, Mah Jongg, Walking, World Awareness, Day Trippers, etc. create rewarding social and intellectual opportunities. Many of our members are chairing or on committees and I'm delighted that so many new members are stepping up into positions of responsibility.

We are also involved in many community activities. Thanks to all the members that supported the Brantford Symphony Orchestra Book Fair. Lynn H. and Cath S. graciously volunteered their time and muscle setting up the event to make it a very successful support for the musical arts in Brantford.

As I worry about our troubled world I find the following words of the former Pope Francis worth thinking about: "Rivers do not drink their own water; trees do not eat their own fruit; the sun does not shine on itself and flowers do not spread their fragrance for themselves. Living for others is a rule of nature. We are all born to help each other. No matter how difficult it is... Life is good when you are happy; but much better when others are happy because of you."

On another note, I'm off on my hiking trip to Austria/Germany in June. Let's hope these young legs and body of mine are equal to the challenge. I've been walking the golf course to prepare myself but will that be enough? We'll soon see!

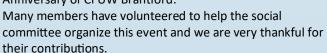
Dian Kuzyk President for April



Our next major event is the banquet on May 28th at Walter Gretzky Golf Club.

In a few weeks from now the preparations for 2025 AGM and Banquet will have been completed and we will have all met at The Walter Gretzky Golf Club to celebrate the 80th

Anniversary of CFUW Brantford.



In this last notice about details of the May28th AGM there are a few points to remember.

A golf cart will be available to shuttle members from the parking lot to the front door of the club. A registration desk will be set up just inside the doors to the dining room. Please arrive at the venue at 5 pm and take some time to admire the decorations around the room made by one of our club members. Two tables will be set up with club memorabilia sourced from long standing members who have a vast knowledge about the club spanning several decades. The information has been carefully chosen and mounted on display boards. Take a few minutes to look through a photo album and see some of the history of our club in pictures and articles. On the podium you will see of our new banner with the 80th anniversary LOGO chosen by another talented member of the club.

Perhaps buy yourself a glass of wine or a cold drink before the AGM begins at 5:30.

Dinner will be served at 6:30 and at approximately 7:30 the speaker Elizabeth RENZETTI will be introduced.

Finally thank you to the members who signed the treat list for the upcoming in person meetings in September, October, November, March and April.

Lynne D.

Nominations for CFUW Brantford Executive - 2025 - 2026

The following members are presented for election to the Executive for 2025-2026

Position Name(s)

President in Name Barbara Melara

Rotating

Presidential

Team: Diane Bradley/Pat McGinnis Jun - Aug 25

Lucie Costin-Hall Sep 25

Betsy Capitano Oct 25

Wendy Bethune Nov 25

Maria Timmons Dec 25

Maria Timmons Jan 26

Catherine Sawyer Feb 26

Linda Tripp Mar 26

Dian Kuzyk Apr 26

Barbara Melara May 26

Past President Janet Kempster

Arlene Cass Secretary

Treasurer Maria Timmons **Communications** Sandra Hughes

Roma Makkreel Interest Groups

Membership Marsha Skrypuch

Colette Wilson **Program**

Scholarship Karen Innes

Social Lynne Duncombe

Advocacy Teddy Buzek



April General Meeting

Many Thanks to Bruno Bove!

When illness forced Brian Wood to cancel his talk the day before the April General Meeting, Bruno Bove came to our rescue, and did a fantastic presentation on the current range of services which pharmacists can provide. Bruno is the owner of, and chief pharmacist at, the Shoppers Drug Mart in the Sobey's plaza in West Brant. Our gratitude goes to Bruno for saving the day with grace and humour!

Colette W for the Program Committee













These photos show some of the lively social activity in our new venue prior to the general meeting, from a participant's view. Then the social activity and speaker from a Zoom participant's perspective. Thanks to Norah O. and Sandra H.

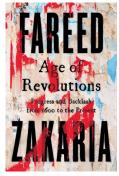




Interest Groups

Monday Evening Book Group: For the month of April, the Monday

night book group read Age of Revolutions - Progress and Backlash from 1600 to the Present by Fareed Zakaria. In this work, Fareed Zakaria investigates the eras and movements that have shaken norms while shaping the modern world. Three such periods hold profound lessons for today. First, in the seventeenth-century Netherlands, a fascinating series of transformations made that tiny land the richest in the world and created politics as we know it today. Next, the French Revolution, an explosive era that



devoured its ideological children and left a bloody legacy that haunts us today. Finally, the mother of all revolutions, the Industrial Revolution, which catapulted Great Britain and the US to global dominance and created the modern world. Fareed Zakaria combines intellectual range, deep historical insight, and uncanny prescience to once again reframe and illuminate our turbulent present. His bold, compelling arguments make this book essential reading in our age of revolutions. All who attended agreed they learned a lot through reading this book. The ensuing discussion had everyone engaged. It was an enjoyable evening that ended with some wonderful soup and tea sandwiches provided by our host. Karen S.

Thursday Evening Book Group: The Women by Kristin Hannah is a well written, well researched historical fiction...enjoyed by all. A book

about the "power" of female friendships, the contribution women nurses made in Vietnam and the effect that conflict had on their lives after the return home. Frankie the main character finds "herself", finds her "healing place" and finds the importance of "Remembrance". submitted by Roz and Janet R.







REMINDER!

Members, please complete your Interest Group choices, mail me the copy, drop it at my house or bring it to the AGM.

Thanks,

Roma M. Interest Group Chair

Dining Out: Sixteen of the Dining Out Group enjoyed dinner on April 16th at Quatrefoil in Dundas. The ambiance, food, and service were top notch. Of special note were the beef tenderloin, which two people said was the best they had ever had, and the almond financier dessert which we felt was spectacular. Quatrefoil was commended by Michelin, and we can see why. It has an outdoor patio that looks charming and some of us might try it in warmer weather. If you are celebrating a special event and have saved up your allowance, this little gem of a restaurant is well worth the drive to Dundas. Lin F.



Walking Group:

Enjoying the spring sun.



2024–2025 EXECUTIVE

PRESIDENT IN NAME:

•Barbara Melara

PAST PRESIDENT:

Janet Kempster

ROTATING PRESIDENTIAL TEAM:

- •Anne Martin & Teddy Buzek—June to August,
- •Elizabeth Capitano September
- •Pat Clemons—October
- •Cookie Hadley—November
- •Maria Timmons December, January
- •Catherine Sawyer- February
- •Linda Tripp—March
- Dian Kuzyk—April
- •Barbara Melara—May

SECRETARY:.

Penelope Jeffery / Arlene Cass
TREASURER: Maria Timmons
STANDING COMMITTEE CHAIRS:

STANDING COMMITTEE CHAIRS:

Communications: Sandra Hughes
 Interest Groups: Roma Makkreel

Membership: Barb Scott
Program: Colette Wilson
Scholarship: Karen Innes
Social: Lynne Duncombe



Many thanks to the Interest Group contacts and other club members who provide news and pictures for the newsletter. If you have updates about members concerning important family or personal events such as births, deaths, marriages, special celebrations

to share with the members, send them to Sandra H.

If you have Interest Group updates and photos please send them to Sandra for the newsletter, Marsha S. for the website and Mary P. for the Facebook page.

The due date for articles and photos for the June Newsletter is Friday June 6th.



Brantford Annual General Meeting and Banquet, May 28th

Location:

Walter Gretzky Municipal Golf Course and Learning Centre Tickets must have been purchased by May 7th.

Cash bar

This will be a very special occasion celebrating the 80th ANNIVERSARY OF CFUW BRANTFORD.

CFUW Brantford Banquet 2025 Keynote Speaker: Liz Renzetti

As a journalist, columnist and author, Liz Renzetti has been a voice for women for 25 years. In her work at the Globe and Mail she presented a feminist approach to issues.

Her book: Shrewd: A Wry and Closely Observed Look at the Lives of Women and Girls was a national bestseller. Her most recent work of non-fiction: What She Said



deals with gender inequality and backlash against women. More recently she has collaborated on fiction with Kate Hillman, with their mystery novel **Women and Orphans** having been just published. Liz is a wife and mother of two teenagers. As CFUW has made support for women its main mission, Liz Renzetti is the ideal person to speak to us on the occasion of our 80th anniversary.



Please note: books will be available for purchase from 5:00 to 5:30 and again after Renzetti's talk. Thanks to Riverside Bookshelf for their assistance in providing books for sale.

Colette W for the Program Committee



Jane B. is home from hospital and progressing well after hip surgery. Best wishes for continued recovery.

